



Professional Resources

Virginia Career VIEW



Books and Articles

- Biswas-Diener, Robert. (2010). *Practicing Positive Psychology Coaching: Assessment, Activities, and Strategies for Success*. Hoboken, New Jersey: John Wiley & Sons, Inc. [Order on Amazon](#).
- Croonquist, Carmen, Career Coach, Strengths-Based Training: optimalcoachingandconsulting.com.
- Gutterman, Mark, Career Coach/Workplace Consultant: www.meaningfulcareers.com
- Pratt, Graham. (2011) CDAA 2011 Conference - Closing Presentation by Mark Savickas. Listen to Audio Online: <http://vimeo.com/25532198>.
- Savickas, Mark L. (2005). "The Theory and Practice of Career Construction." *Career Development and Counseling: Putting Theory and Research to Work*, edited by S.D. Brown and R.W. Lent. Hoboken, New Jersey: John Wiley & Sons, Inc. [Order on Amazon](#).
*also see Career Construction Theory document: www.vocopher.com/pdfs/careerConstruction.pdf
- Savickas, Mark L. (2011) *Career Counseling: Theories of Psychotherapy*. Washington D.C.: American Psychological Association. [Order on Amazon](#).
- Seligman, Ph.D., Martin E. P. (2002). *Authentic Happiness: Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment*. New York, New York: Free Press. [Order on Amazon](#).
- Seligman, Ph.D., Martin E. P. (2011). *Flourish: A Visionary New Understanding of Happiness and Well-being*. New York, New York: Free Press. [Order on Amazon](#).

FREE State Resources

- **MAGIC: Virginia's Mid-Atlantic Guide to Information on Careers, 6th Edition.** Order from Virginia Employment Commission, Economic Information Services Division, Labor Market and Demographic Analysis: www.vawc.virginia.gov/gsipub/index.asp?docid=288 or call 804-786-8223.
- **My Future, My Way: How to Go, How to Pay.** A Workbook for Students in Middle and Junior High Schools. Order from U.S. Department of Education, Federal Student Aid. Fax request to 301-470-1244 or email request to orders@FSAPubs.org
- **Virginia House of Delegates Coloring Book AND Virginia House of Delegates Activity Book.** To order contact: Legislative Education and Development (LEAD) Office, House of Delegates, State Capitol, P.O. Box 406, Richmond, VA 23218 or call Toll Free 1-877-391-FACT or email LEAD@house.virginia.gov.
- **Job Interview Pocket Resume.** To order, contact Virginia Employment Commission. EIS Division, Labor Market Information, P.O. Box 1358, Richmond, VA 23218-1358, or call 804-786-8223 or visit www.vawc.virginia.gov/gsipub/index.asp?docid=300
- **Information Sheets:** A series of printable information sheets that include: Top Skills and Work Values Employers Want, Education Pays..., Eight Keys to Employability, Sample Job Application, and Tomorrow's Jobs. Virginia Employment Commission. Can be downloaded at: www.vawc.virginia.gov/gsipub/index.asp?docid=300.



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- **Financial Aid Bookmark (English/Spanish).** Department of Education: Federal Student Aid. To order, call 1-800-394-7084 or visit www.fsapubs.org.
- **Virginia Workforce Network Graduate vs. Dropout Statistics Bookmark.** To order, contact Virginia Employment Commission. EIS Division, Labor Market Information, P.O. Box 1358, Richmond, VA 23218-1358, or call 804-786-8223 or visit www.vawc.virginia.gov/gsipub/index.asp?docid=300.
- **Education Events Calendar, National Education Association.** Major holidays and events: <http://www.nea.org/grants/39256.htm>

Other Resources

- **Kraft Gable Boxes (Toolkit Boxes)** Papermart (used in *VIEW Toolkits*)
<http://www.papermart.com/Product%20Pages/Product.aspx?GroupID=5311&SearchItemNumber=85091400#85091400>
- **12 Occupational Figures** Constructive Playthings (used in *Let's Get Creative*)
http://www.cptoy.com/cgi-bin/pf.sh/2.0/product.htm?parent_id=Blocks%20and%20Building&dept_id=Block%20Accessories&pf_id=MTC-138L